



**MOCOFA**

# 5K RUN & WALK

**START FROM FRONT GATE ENTRANCE**

**SATURDAY, JULY 20TH AT 7:00AM**

**FREE T-SHIRT FOR ALL PRE-REGISTRATIONS  
\$25 CASH PRIZE FOR TOP 2 IN ADULT & JUNIOR 5K DIVISIONS**

**PARTICIPANT INFORMATION:**

EVENT (CIRCLE ONE):    WALK (ALL AGES)    JUNIOR DIVISION 5K (AGES 17 & UNDER)    ADULT DIVISION 5K (AGES 18 +)

\$ 5.00 ENTRY FEE                      \$5.00 ENTRY FEE                      \$10.00 ENTRY FEE

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

T-SHIRT SIZE: \_\_\_\_\_                      AGE: \_\_\_\_\_

WAIVER OF LIABILITY: IN CONSIDERATION OF THE FOREGOING, I, THE UNDERSIGNED, FOR MYSELF AND HEIRS, ASSIGN BENEFICIARIES AND PERSONAL REPRESENTATIVES. WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES BASED ON NEGLIGENCE OR OTHERWISE, THAT I MAY HAVE AGAINST THE MONTGOMERY COUNTY FAIR BOARD AND MEMBERS THEREFORE, PARTICIPATION SPONSORS AND SUPPORTERS, ALSO VERIFY THAT I AM PHYSICALLY FIT AND HAVE TRAINED TO ENTER THIS EVENT.

SIGNATURE: \_\_\_\_\_                      DATE: \_\_\_\_\_

(F UNDER 18, PARENT OR GUARDIAN SIGNATURE IS REQUIRED)

*MAIL OR DROP OFF FORMS TO:*

**Achieve Fitness**  
1245 Aguilar Drive  
Montgomery City, MO 63361  
NON-MEMBERS LEAVE IN MAILBOX  
  
OR  
**Medicine Shoppe**  
635 S. Sturgeon Street  
Montgomery City, MO 63361

**Pre-registrations DUE June 30th to  
guarantee t-shirt.**