



# MoCoFa Run

Saturday, July 22nd 2023

Event begins at 7:00 AM at Fairgrounds Front Gate

T-Shirts will be given to all entrants on race day.

**Awards** - A \$25 cash prize will be awarded to the top two finishers in both the Jr Division and the Adult Division of the 5k.

**Pre-Registration**

Pre-register with the form below. For guaranteed shirt on race day, please submit registration forms by June 30<sup>th</sup>, 2023. Please mail or drop off your completed registration forms and fees to:

**Achieve Fitness**

1245 Aguilar Dr.  
Montgomery City, MO 63361  
(If not a member, please leave in mailbox)

OR

**Medicine Shoppe**

635 S Sturgeon St  
Montgomery City, MO 63361

**Registration Fee:** Junior Division 5k (17 and under) - \$5  
Adult Division 5k (18 and older) - \$10  
Walk (all ages) - \$5

**Sponsored by:**

- ACHIEVE FITNESS – Montgomery City
- MEDICINE SHOPPE – Montgomery City
- HICKS STORE – Bellflower
- SMART AG SOLUTIONS – JOSH JOHNSON – Montgomery City
- MY OFFICE PLUS – Montgomery City

(CUT FORM BELOW AND SUBMIT FOR REGISTRATION)

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Official Registration & Entry Form

I would like to participate in the (circle one):      5k Run (cash prize)      2k Walk

Name: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_ Age as of 7/22/2023: \_\_\_\_\_

Address: \_\_\_\_\_

WAIVER OF LIABILITY: In consideration of the foregoing, I, the undersigned, for myself and heirs, assign beneficiaries and personal representatives, waive and release any and all rights and claims for damages based on negligence or otherwise, that I may have against the Montgomery County Fair Board and members thereof, participating sponsors and supporters, also verify that I am physically fit and have trained to enter this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**IF UNDER 18: Parent or Guardian's signature required**